#### Watch Out For Con Artists...

Con artists may prey upon people's desires to find a miracle cure for chronic conditions or fatal diseases. Remember these tips:

- If it sounds too good to be true, it probably is.
- Don't let greed or desperation override common sense.
- Get a second opinion on any major purchase, repair, or donation.
- Be wary of high-pressure sales tactics, need for quick decisions, demands for cash only, or high yield/ low risk investments.
- Always ask for identification from all solicitors and call their agency for verification.
- Don't commit yourself to charitable donations over the phone. Ask the caller to mail you information so you can make an informed decision. If you are not familiar with the company or organization, consult the Iowa Attorney General's Office: 281 -5926.
- Read and understand all contracts before signing. If your sight is impaired, have someone you trust read the document to you.
- Beware of anyone offering products or services as a "once in a lifetime" offer.
- Consider direct bank deposit for all checks to avoid mail theft or robbery.
- Never provide information such as birth date, social security number, address, etc. in any conversation that you did not initiate. It's illegal for telemarketers to ask for these numbers to claim a prize or gift.

# Important Phone Numbers

- 911 Emergency
- 222-3321 WDMPD
   Non Emergency
- 277-0630 Elderly Outreach
- 211 "Other" Non Emergency Assistance
- 281-5926 Iowa Attorney General -Consumer Protection



West Des Moines Police Department



Community Education/Outreach 250 Mills Civic Parkway West Des Moines, IA 50265

www.wdm-ia.com

Phone: 515-222-3333 Fax: 515-222-3331 West Des Moines
Police Department



Personal Safety For Women

"Crime Prevention Is Everybody's Business"

National Crime Prevention Council

www.ncpc.org

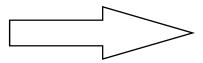
Community Education/Outreach 222-3333

www.wdm-ia.com

## Some Practical Tips For Personal Safety...

Virtually all activities in life entail some level of risk, and we all have different attitudes toward risk. The following precautions should be considered within the context of circumstances a person might find themselves in. They will not guarantee safety, but they will minimize criminal opportunities

Want to conquer fear and crime? Take these common-sense precautions:

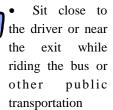




### Be Alert When Out And About...

- Go with friends or family, not alone
- Carry your purse close to your body, not dangling by the straps.
   Put a wallet in and inside coat or front pants pocket
- Don't carry credit cards you don't need or large amounts of cash
- Use direct deposit for regularly checks
- Keep car doors locked whether you are a passenger or driver. Be particularly alert in parking lots and

garages. Park near an entrance.



- If someone or something makes you feel uneasy, trust your instincts and leave
- Carry medical information and identification

## Make Your Home Safe And Secure...



- Install good locks on your doors and windows and use them. Don't hide keys in mailboxes, planters, or under doormats. Instead leave an extra set of keys with a trusted neighbor or friend.
- Ask for photo identification from service or delivery people before letting them in the door.
   If you are the least bit worried, look up the company name in the phone book and call the company to verify.
- Be sure your street address number is large, clear of obstruction, and well-lighted so police and other emergency personnel can find your home quickly.
- Consider a home alarm system that provides emergency monitoring for burglary, fire, and medical emergencies.
- Get to know your neighbors and get involved in Crime Free Neighborhoods.
- Turn some outside lights on, install motion lighting, and make sure they are in working condition.